

J18 Male Breast Cancer

May 2009

Intro: Most men know that when they head to the doctor's office for a check-up, they'll be screened for prostate cancer. The tests are routine. But the man you're about to meet also has routine breast exams. Why? Because he is a breast cancer survivor.

Video

Total running time 1:31

VO: Craig working in shop

CG :14 to :21

Craig McMillan

Breast cancer survivor

CG :21 to :30

Stephanie Hines, M.D.

Mayo Clinic

Audio

THIS SHOP IS A WOOD WORKER'S DREAM.

"I JUST ENJOY PRODUCING A FINISHED PRODUCT."

A DREAM THAT CRAIG MCMILLAN HAD TO PUT ON HOLD WHEN HE WENT THROUGH TREATMENT FOR CANCER. BREAST CANCER.

"I WAS TAKING A SHOWER AND I NOTICED A LUMP IN MY BREAST. AND AT THE TIME I REALLY DIDN'T WORRY ABOUT IT."

"MEN DON'T THINK THEY CAN GET IT. AND IT'S TRUE THAT THE BIGGEST RISK FACTOR FOR BREAST CANCER IS YOUR GENDER, BEING A WOMAN. BUT

Stephanie Hines, M.D.
Mayo Clinic

Standup
CG :46 to ::55
Vivien Williams
Reporting

graphics:
Changes in the Breast

- **Lumps**

MEN CAN GET BREAST CANCER.”
DR. STEPHANIE HINES SAYS MALE
BREAST CANCER IS FAIRLY RARE.
“BETWEEN ONE THOUSAND AND
TWO THOUSAND MEN ARE
EXPECTED TO GET BREAST
CANCER THIS YEAR.”
MANY MEN WHO DEVELOP IT
DON’T EVEN THINK ABOUT THE
POSSIBILITY UNTIL THE CANCER
HAS BEEN THERE FOR A WHILE.
IT’S OFTEN DIAGNOSED IN MEN AT
AN ADVANCED STAGE. THAT’S
WHY ALL MEN, ESPECIALLY THOSE
WITH A FAMILY HISTORY OF
BREAST CANCER OR THOSE
WHOSE FAMILIES HAVE BEEN
IDENTIFIED AS BEING CARRIERS
OF BCRA2, A BREAST CANCER
GENE, SHOULD BE AWARE AND
WATCH FOR CHANGES IN THE
BREAST. LUMPS, SKIN CHANGES,
NIPPLE CHANGES OR BLEEDING

- **Skin**
- **Nipple**
- **Bleeding**

FROM THE NIPPLE SHOULD BE CHECKED OUT BY A DOCTOR. AND IF IT IS CANCER, MEN HAVE THE SAME TREATMENT AS WOMEN. "I HAD BILATERAL MASTECTOMY." THEN CHEMO AND RADIATION. AND INSTEAD OF FEELING EMBARRASSED ABOUT IT, CRAIG DEVELOPED STRONG CONNECTIONS WITH FEMALE CANCER PATIENTS.

Craig McMillan

"I BECAME BOSOM BUDDIES. I HAVE A LOT OF FEMALE FRIENDS WHO'VE CONSOLED ME AND I'VE CONSOLED THEM. I MEAN, I'M SORT OF LIKE ONE OF THE GIRLS." FOR MEDICAL EDGE, I'M VIVIEN WILLIAMS.

Anchor tag:

Craig's was diagnosed with stage 2 cancer. Now he's cancer-free and enjoying life and time in his wood shop.

For more information on male breast cancer, visit our Website at... [STATIONS: Per the licensing agreement, please provide a link from your station's website to <http://www.mayoclinic.org> or voice tag "mayoclinic.org" for more information.]