

111 Tanning Bed Warts and More

To air week of March 17, 2008

Intro: It's that time of year again. When many spring breakers and vacationers hit the tanning beds to get a head start on that bronze glow. But beware. You can catch a lot more in tanning beds than just a few rays. More from Mayo Clinic.

Video

Total running time 1:14

(with video of tanning beds)

Audio

“IF YOU THINK ABOUT WHAT A TANNING BED IS -- ESSENTIALLY YOU'RE LYING NAKED ON A HOT SKILLET AFTER SOMEBODY ELSE JUST LAY NAKED ON THAT HOT SKILLET. [LASER SOUND] DR. DAWN DAVIS HAS SEEN PLENTY OF INFECTIONS FROM TANNING BEDS. THIS PATIENT CONTRACTED WARTS FROM A TANNING BED THAT WAS NOT PROPERLY CLEANED. SHE'S HAVING LASER TREATMENT TO REMOVE THEM. “I STARTED OFF WITH 300 WARTS. [ZAP SOUND] FREAKED ME OUT. GROSSED ME OUT.” [ZAP] BUT NOW, FOUR YEARS AND MANY

TREATMENTS LATER, THE WARTS ARE ALMOST GONE.

“LAST TIME WAS IT 15? [ZAP] VERY GOOD PROGRESS

WARTS, CAUSED BY THE HUMAN PAPILLOMA VIRUS, OR HPV, ARE JUST ONE OF THE MANY HEALTH RISKS ASSOCIATED WITH TANNING BED USE.

Dawn Davis, M.D.
Mayo Clinic Dermatologist

“IT’S VERY DANGEROUS. I’VE SEEN PEOPLE COME TO MY OFFICE WHO’VE GOTTEN SEVERE BURNS AND SCARRING FROM TANNING BEDS AND LOTS OF INFECTIONS.”

To Graphics:

- **Rashes**
- **Skin ulcerations**
- **Cellulitis**

RASHES, SKIN ULCERATIONS AND CELLULITIS (A TYPE OF SKIN INFECTION OFTEN CAUSED BY THE STAPHYLOCOCCUS BACTERIA) ARE JUST A FEW. UVA AND UVB RAYS CAN ALSO CAUSE CATARACTS AND DAMAGE YOUR RETINA.

Standup
Vivien Williams
Reporting

Dawn Davis, M.D.

“THE OTHER THING I LIKE TO WARN

Mayo Clinic Dermatologist

AGAINST TANNING BEDS IS THAT
YOU INCREASE YOUR RISK FOR
MELANOMA APPROXIMATELY
EIGHT TIMES OVER YOUR
LIFETIME.”

SO BEFORE YOU STRETCH OUT ON
A TANNING BED CONSIDER THE
RISKS. FOR MEDICAL EDGE, I’M
VIVIEN WILLIAMS.

FOR MEDICAL EDGE, I’M VIVIEN
WILLIAMS.

Anchor tag:

Dr. Davis says if you absolutely have to get tan, use sunless tanners or go to a salon and get sprayed.

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