

H05 Erectile Dysfunction Drugs

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Intro: If you've ever watched a prime time TV show you've seen the ads. Commercials promoting Viagra, Levitra or Cialis -- erectile dysfunction drugs. Those medications have helped millions of men have a normal sex life. But how do you know which of those medications, if any, are right for you? Let's go to Mayo Clinic to find out.

Video

Total running time 1:29

**Ajay Nehra, M.D.
Mayo Clinic Urologist**

**VO: from Dr. Nehra to images of
drugs**

**Standup
Vivien Williams
Reporting**

Audio

THREE BIG NAMES. THREE
DIFFERENT DRUGS. ALL OF WHICH
HAVE BROUGHT ERECTILE
DYSFUNCTION INTO THE LIGHT.
"PATIENTS ARE ABLE TO
CONVERSE MUCH MORE FREELY
AMONGST THEIR FRIENDS,
AMONGST THEIR PARTNERS."
AND DR. AJAY NEHRA [AH-JAY NEH-
RAH] SAYS TALKING TO A DOCTOR
ABOUT ERECTILE DYSFUNCTION,
OR E.D., IS THE FIRST STEP
TOWARD BEING TREATED
SUCCESSFULLY WITH DRUGS LIKE
VIAGRA, LEVITRA AND CIALIS. BUT
WHAT ARE THE DIFFERENCES

Ajay Nehra, M.D.
Mayo Clinic Urologist

To animation

To graphics:

- Heart disease
- Diabetes
- High blood pressure
- Surgery
- Alcoholism

Viagra

- Fast-acting
- Lasts 6-12 hours

BETWEEN THESE DRUGS AND
HOW DO THEY WORK? TO GET THE
ANSWERS YOU HAVE TO
UNDERSTAND E.D. IT'S GENERALLY
NOT A PSYCHOLOGICAL
PROBLEM.

"ERECTILE DYSFUNCTION IS
REALLY SYNONYMOUS WITH WHAT
WE CALL ENDOTHELIAL
DYSFUNCTION"

MEANING THAT THE INNER LINING
OF YOUR BLOOD VESSELS

DOESN'T FUNCTION PROPERLY.

BLOOD DOESN'T FLOW AS IT

SHOULD. IT CAN BE A

COMPLICATION OF MANY ISSUES

INCLUDING HEART DISEASE,

DIABETES, HIGH BLOOD

PRESSURE, PROSTATE SURGERY,

OR ALCOHOLISM.

NOW BACK TO THE DIFFERENCES.

VIAGRA, WHICH HAS BEEN ON THE

MARKET THE LONGEST, IS FAST-

ACTING. IT STARTS WORKING WITHIN ONE TO TWO HOURS AND LASTS FROM SIX TO 12 HOURS.

Levitra

- Faster-acting
- Lasts 6 to 12 hours

LEVITRA IS SIMILAR BUT IT'S EVEN FASTER. IT WORKS WITHIN 30 MINUTES AND LASTS 6-12 HOURS.

Cialis

- Slow-acting
- Lasts 2 to 3 days

CIALIS IS A LITTLE DIFFERENT. IT TAKES THREE TO FOUR HOURS TO WORK AND IT LASTS FOR TWO TO THREE DAYS.

Side effects:

Head ache

Stomach ache

Flushing

ALL THREE DRUGS ARE SAFE FOR MOST MEN, BUT THEY CAN CAUSE SIDE EFFECTS: HEADACHE, STOMACHACHE AND FLUSHING.

CIALIS CAN ALSO CAUSE BACK OR LEG PAIN. SO THE DRUG YOU CHOOSE DEPENDS ON YOUR LIFESTYLE AND YOUR HEALTH.

FOR MEDICAL EDGE, I'M VIVIEN WILLIAMS.

Anchor tag:

E.D. drugs are effective for 50 to 60-percent of the men who take them. Be sure to talk to your doctor when considering these medications. That's because these drugs can cause bad reactions if taken with certain others. For example, if you're on nitroglycerine the combination can cause a dangerous drop in blood pressure. Also, men with enlarged

prostates may not be able to take E.D. drugs. For more information log onto our Web site at ...

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