

Sixteenth Annual Brain Injury Conference

Friday, June 19, 2009

Mayo Clinic, Rochester, Minnesota



Sponsored by

Mayo Continuing Nursing Education

Mayo Clinic Brain Rehabilitation and Research Programs

Mayo Department of Physical Medicine and Rehabilitation

General Information

Description and goals

The *Sixteenth Annual Brain Injury Conference* will continue in the tradition of our previous annual professional conferences and 20 years of brain rehabilitation at Mayo Clinic. This year's one-day conference will feature several dynamic keynote speakers who will discuss social outcomes for adolescents and young adults with brain injury, team planning around behavioral management issues, and issues faced by veterans returning from Afghanistan and Iraq who have suffered traumatic brain injury. There will be additional presentations on a variety of innovative and cutting edge treatments in the field of brain rehabilitation. New this year will be a pediatric rehabilitation track available to those who treat children and adolescents with brain injury.

The goals of the conference are to:

- Explore innovative treatment methods in brain rehabilitation.
- Describe the unique needs and approaches for pediatric brain rehabilitation.
- Describe the unique needs of returning veterans with traumatic brain injury.

Featured faculty

Lyn S. Turkstra, PhD, is a member of the writing committee for evidence-based practice guidelines in cognitive-communication disorders of the Academy of Neurologic Communication Disorders and Sciences (ANCDS). She is affiliated with the Neuroscience Training Program, and is an adjunct Associate Professor in the Department of Neurological Surgery at the University of Wisconsin, Madison, Wisconsin. Turkstra's current research focuses on the relation of cognitive functions and social cognition to communication behavior, and how this differs between typical adolescents and their peers with traumatic brain injury. Her professional interests include the advancement of evidence-based practice in rehabilitation. Turkstra did her doctorate work and post-doctoral studies at the University of Arizona.

Hossam (Sam) Bayoumy, PT, is director of rehabilitation services at Kessler Institute for Rehabilitation and Brain Injury Program Clinical Team Leader in Chester, New Jersey. He has been practicing physical therapy in the state of New Jersey since 1994, working extensively with survivors of traumatic brain injury throughout the continuum of care including acute care, acute and sub-acute rehabilitation, and outpatient rehabilitation. Bayoumy has practiced in two model system programs in the state of New Jersey and has been active in program development and service delivery implementation at both programs. He collaborates closely with medical and administrative staff to develop and participate in clinics including wheelchair seating and positioning, prosthetic/orthotic and a spasticity clinic serving both inpatient and outpatient survivors of traumatic brain injury. Bayoumy presents at national professional conferences discussing issues related to the treatment of the traumatic brain injury population including spasticity assessment, basic and advanced serial casting, behavior management, and physical therapy treatment planning for patients with severe disorders of consciousness.

Major Cynthia M. Rasmussen, MSN, RN, CANP, has been a mental health nurse in the Army Reserves for 20 years. She is currently serving in her third year of being mobilized to support the Global War on Terrorism. Rasmussen is an adult nurse practitioner on leave from the Veteran's Administration. She received her bachelor's and master's degrees in nursing from Marquette University. Rasmussen serves as a combat stress officer and sexual assault response coordinator for the 88th RRC. She recently presented at the Veteran's Administration National Polytrauma Convention and has testified before the Senate Committee on Veteran's Affairs. Rasmussen has also spoken at Veteran's Administration Medical Centers across the country. She received the Military Order of the Purple Heart (MOPH) Honorary Service Award from the Military Order of the Purple Heart National Service Officer Training.

Intended audience

This program is designed for physicians, nurses, physical therapists, occupational therapists, recreational therapists, social workers, psychologists, and speech-language pathologists. All interested healthcare providers are welcome to attend.

Program Schedule

- 7:00 a.m. Registration
7:50 a.m. Welcome and Announcements
8:00 a.m. RUOK? – Social Outcomes for Teens with Brain Injury
Lyn S. Turkstra
- 9:00 a.m. Interdisciplinary Approach to Behavior Management: Piecing a Plan Together
Hossam (Sam) Bayoumy
- 9:45 a.m. Break
- 10:00 a.m. **Concurrent Session I**
- 11 Chemical Dependency Issues
Ted R. Laska
- 12 Acute to Post Acute – What a Long Trip It Has Been...
Walter S. Stobaugh, Bridget J. Koenen, and Summer L. Sticha
- 13 Getting Things Done: Executive Function Skills and School Performance
Ruth E. Stoeckel
- 10:45 a.m. Break
- 11:00 a.m. **Concurrent Session II**
- 21 The Disability Law Center: A Resource for Your Clients with TBI
Barnett (Bud) Rosenfield
- 22 Rhythm 'n' Rehab: Neurologic Music Therapy and Brain Injury
Sally A. Burns, Nancy Quinn, and Christina Ufer Kane
- 23 Bridging the Gap Between Hospital and School for Students with TBI
Anne M. Moessner and Jennifer (Jennie) Polson
- 11:45 a.m. Lunch (on your own)
- 1:15 p.m. **Concurrent Session III**
- 31 Evidence-Based Rehabilitation of Social Impairments in Individuals with TBI
Lyn S. Turkstra
- 32 Spasticity Management: The Team Approach
Hossam (Sam) Bayoumy
- 33 Medical Aspects of TBI Unique to Kids and Teens
Sherilyn W. Driscoll
- 2:00 p.m. Break
- 2:15 p.m. **Concurrent Session IV**
- 41 Emotional Adjustment and Coping After Brain Injury
Thomas Bergquist
- 42 Stop and Think: Exploring Systematic Strategies for Cognitive Rehabilitation
Nicole R. Holzworth
- 43 Sports Concussion
Jonathan T. Finnoff and Robert W. DePompolo
- 3:00 p.m. Break
- 3:15 p.m. Homecoming: Warrior to Citizen
Major Cynthia M. Rasmussen
- 4:30 p.m. Summary and Evaluation

About the sponsors

Mayo is committed to advancing the knowledge and skills of healthcare professionals. Mayo Continuing Nursing Education conducts educational conferences that will advance nursing practice.

The Mayo Clinic Brain Rehabilitation and Research Programs provide rehabilitation for individuals who have acquired brain dysfunction due to injury or disease from any cause. The mission of the Mayo Clinic Brain Rehabilitation and Research Programs is to define impairment, identify and treat related medical conditions and activity limitations, and restore maximal participation in personal, family, and community roles to those we serve.

The mission of the Mayo Department of Physical Medicine and Rehabilitation is to provide the highest quality diagnostic and comprehensive rehabilitation services to optimize function and promote wellness through an integrated practice supported by programs in education and research.

General Information

Date and location

This conference will be held **Friday, June 19, 2009**, in Phillips Hall, Siebens Building, 100 Second Avenue SW, Rochester, Minnesota.

Continuing education credit

Mayo Continuing Nursing Education is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Participants can earn up to 6 accredited nursing contact hours for the conference.

Mayo Clinic College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Mayo Clinic College of Medicine designates this educational activity for a maximum of 6 *AMA PRA Category I Credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.



Mayo Clinic Rochester is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. This program is offered for 0.7 CEUs (intermediate level, professional area). ASHA CE Provider approval does not imply endorsement of course content, specific products, or clinical procedures.

Mayo Clinic is approved by the American Psychological Association to sponsor continuing education for psychologists. Mayo Clinic maintains responsibility for this program and its content. This conference fulfills requirements for 6 hours of CE.

Mayo Clinic has been designated by the Minnesota Board of Social Work as an approved continuing education provider. This conference fulfills requirements for 6 continuing education hours.

Registration

The registration fee of \$140 includes instructional materials, breakfast, and break refreshments. Lunch will be on your own. A student rate of \$70 is available. Please bring proof of current student status to the conference (for example, a copy of your student identification card). Pre-registration is required and preferred by **Friday, May 29, 2009**. Registrations received after May 29th will be accepted on a space-available basis. Refunds, minus an administrative fee, will be given upon notification of cancellation received prior to Friday, May 29, 2009. Mayo Continuing Nursing Education reserves the right to cancel this conference.

To register, visit www.mayoclinic.org/jobs-nursing-rst/cne.html or call 1-800-545-0357.

Out of respect for all conference participants, children are restricted from the conference.

Lodging

Rooms have been reserved for conference participants and their guests at The Kahler Grand Hotel (800-533-1655 or 507-280-6200) at a rate of \$105 deluxe and \$85 standard per night and the Marriott Hotel (877-623-7775 or 507-280-6000) at a rate of \$135 per night. The rates listed may be extended before and after the conference based on availability. To ensure accommodations, please make your reservation by **Friday, May 29, 2009**. Reservation requests received after this date will be accepted on a space-available basis.

Visit www.visitrochestermn.com for additional accommodations.

Parking

Visit www.visitrochestermn.com for a map indicating the location of downtown parking facilities. The cost of parking is not included in the registration fee.

For more information

Contact Mayo Continuing Nursing Education at 800-545-0357 or 507-266-1007, fax 507-266-6910, or e-mail cne@mayo.edu. Visit our website at www.mayoclinic.org/jobs-nursing-rst/cne.html.

Multiple brochures?

Mayo Continuing Nursing Education uses multiple mailing lists and cannot always eliminate duplications. Please post or share extra brochures with your colleagues.

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