

Twenty-Eighth Annual
***Minnesota Geriatric
Care Conference***



INCLUDES POSTER SESSION CALL FOR ABSTRACTS

Wednesday, March 16, 2011

**Mayo Civic Center
Rochester, Minnesota**

*Mayo Continuing Nursing Education
Division of Preventive and Occupational Medicine*

General Information

Description and goals

The *Twenty-Eighth Annual Minnesota Geriatric Care Conference* is designed to update clinical knowledge and skills of those who care for older adults in a variety of settings, including the community, hospitals, long-term care, offices, and others. Themes to be addressed are chronic illness, innovations in care for the elderly, and maintaining independence along the continuum of care. A symposium on diabetes will open the conference, and quality of life issues, such as sleep, future of home care, exercise, and dialysis will be addressed.

The goals of the conference are to:

- Disseminate recommendations on preventive care for the elderly population.
- Address innovative interventions for care of the elderly.
- Discuss pharmacological interventions and interactions in the elderly.

Intended audience

This conference is designed for healthcare professionals who care for geriatric patients in acute, long-term and home care settings including registered nurses, licensed practical nurses, social workers, nursing home administrators, and nurse practitioners.

Date and location

This program will be held **Wednesday, March 16, 2011** at Mayo Civic Center, 30 Civic Center Drive SE, Rochester, Minnesota.

Poster session call for abstracts

You are invited to submit an abstract (300 word limit) for a poster on innovations and projects related to care of the elderly. **Completed abstracts must be submitted by Wednesday, February 2, 2011.**

Abstract submittals should include:

- Completed conference registration for each presenter
- Current curriculum vitae for each presenter
- Abstract (include author information exactly as it should appear in published materials)

The primary presenter is responsible for the abstract content. Submission signifies the intent of the submitter(s) to present the poster at the March 16, 2011 Minnesota Geriatric Care Conference in Rochester, Minnesota. Conference participants are expected to assume costs related to travel, accommodations, and registration.

To submit an abstract, you must register for the conference at <http://calendar.cne-registration.com>. Attach the abstract and all presenters' curriculum vitae. Completed abstracts must be submitted by Wednesday, February 2, 2011.

Notification of accepted abstract and commitment for presentation at the conference will be made by Wednesday, February 16, 2011. If selected, abstracts will be printed in the conference syllabus.

General Information

Continuing education credit

Mayo Continuing Nursing Education is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Participants can earn up to 6.5 accredited nursing contact hours for the conference.

***Applies toward advanced practice nursing pharmacotherapeutic continuing education.

The Minnesota Board of Examiners for Nursing Home Administrators has approved 6.5 hours of continuing education.

Mayo Clinic Medical Social Services has been designated by the Minnesota Board of Social Work as an approved continuing education provider. This conference fulfills requirements of 6.5 continuing education hours.

Registration

The registration fee of \$130 includes syllabus, lunch, and break refreshments. A student rate of \$70 is available. Please bring proof of current student status to the conference (for example, copy of student identification card). Pre-registration is required and preferred by **Wednesday, February 23, 2011**. Registrations received after February 23 will be accepted on a space-available basis. Refunds minus an administrative fee will be given upon notification of cancellation received prior to Wednesday, February 23, 2011. Mayo Continuing Nursing Education reserves the right to cancel this program.

To register, visit <http://calendar.cne-registration.com/>.

Out of respect for conference participants, children are restricted from the conference.

Lodging and parking

Rooms have been reserved for conference participants and their guests at the **Hilton Garden Inn** (507-285-1234) at a rate of \$109 per night and the **Best Western Soldiers Field** (800-366-2067) at a rate of \$79 per night. The rates listed may be extended before and after the conference based on availability. To ensure accommodations, please make your reservation by **Wednesday, February 23, 2011**. Reservation requests received after this date will be accepted on a space available basis.

Visit www.visitrochestermn.com for additional accommodations and a map indicating the location of downtown parking facilities. The cost of parking is not included in the registration fee.

Program Schedule

Wednesday, March 16, 2011

- 7:00 a.m. Registration, Breakfast, Exhibits, and Posters
- 7:45 a.m. Welcome and Introduction
- 8:00 a.m. Diabetes Symposium
- Diabetes Overview: Pathophysiology and Demographics
Julie K. Brown, MS, APRN-BC, Mayo Clinic, Rochester, Minnesota
 - Complications of Diabetes
Darryl S. Chutka, MD, Mayo Clinic, Rochester, Minnesota
 - Challenges for Managing Diabetes in the Elderly Population
Cheryl L. McKane, MS, RN, FNP-BC, Mayo Clinic, Rochester, Minnesota
 - What To Do When Seniors are Just Too “Sweet”
Jeanette F. Lorang, BSN, RN, CDE, Mayo Clinic, Rochester, Minnesota
- 10:15 a.m. Break, Exhibits, and Posters
- 10:45 a.m. Care of the Older Adult Hemodialysis Patient
Margaret (Peggy) Mary d’Uscio, MA, RN, CNP, Mayo Clinic, Rochester, Minnesota
- 11:15 a.m. Great Expectations! A New Century of Community-Based Services
Theresa Pawlina, Comfort Home Health Care, Rochester, Minnesota
- 12:00 p.m. Lunch, Exhibits, and Posters
- 12:45 p.m. Mayhem at Midnight: Understanding Medications and Their Influence on Sleep in the Elderly***
Christopher J. Arendt, PharmD, RPh, Mayo Clinic, Rochester, Minnesota
- 1:30 p.m. Telehealth: Thoughts for Changes in the Healthcare System
Paul Y. Takahashi, MD, Mayo Clinic, Rochester, Minnesota
- 2:00 p.m. Exercise: What Kind of Fun is That?
Trystan M. Hansen, MS, HFS, CPT, Mayo Clinic, Rochester, Minnesota
Bradley A. King, PT, DScPT, Mayo Clinic, Rochester, Minnesota
- 2:45 p.m. Break, Exhibits, and Posters
- 3:15 p.m. Fireside Chat: Stump the Experts
Darryl S. Chutka, MD, Mayo Clinic, Rochester, Minnesota
Laure A. Maki, MSN, RN, CNP, Mayo Clinic, Rochester, Minnesota
Paul Y. Takahashi, MD, Mayo Clinic, Rochester, Minnesota
- 4:15 p.m. I Heard It on the Radio
Coordinator – Darryl S. Chutka, MD, Mayo Clinic, Rochester, Minnesota
- 4:45 p.m. Evaluation and Summary

General Information

About the provider

Mayo Clinic is the first and largest integrated, not-for-profit group practice in the world. Doctors and nurses from every medical specialty work together to care for patients, joined by common systems and a philosophy of “the needs of the patient come first.”

Mayo is committed to advancing the knowledge and skills of healthcare professionals. **Mayo Continuing Nursing Education** conducts educational conferences that will advance nursing practice.

The **Division of Preventive and Occupational Medicine** at Mayo Clinic is dedicated to advancing geriatric care education.

For more information

Contact Mayo Continuing Nursing Education at 800-545-0357 or 507-266-1007, fax 507-266-6910, or e-mail cne@mayo.edu. Visit our web site at <http://calendar.cne-registration.com/>.

Multiple brochures?

Mayo Continuing Nursing Education uses multiple mailing lists and cannot always eliminate duplications. Please post or share extra brochures with colleagues.

Conference planning task force

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Cara A. Tracy, BSN, RN

Upcoming Mayo Continuing Nursing Education Conferences

Thursday, April 7, 2011

2011 Diabetes Nursing Conference

Monday, April 25, 2011

Cardiac and Vascular Nursing Review Course

Tuesday, April 26, 2011

Eighteenth Annual Heart Disease and Stroke Conference

Getting to the Heart of the Matter

Friday, June 17, 2011

Eighteenth Annual Brain Injury Conference

Thursday-Friday, June 23-24, 2011

Medical-Surgical Nursing Review Course

Wednesday, July 20, 2011

2011 Psychiatric Nursing Conference

Visit our web site at <http://calendar.cne-registration.com/> for more information and a complete conference listing.



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Rochester, Minnesota 55905

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