



26TH ANNUAL
*Minnesota Geriatric
Care Conference*



INCLUDES A CALL FOR POSTER ABSTRACTS

Wednesday, March 25, 2009

**Mayo Civic Center
Rochester, Minnesota**

Sponsored by:
*Mayo Continuing Nursing Education
Division of Preventive and Occupational Medicine*

Register Online or by Phone

General Information

Description and goals

The *Twenty-Sixth Annual Minnesota Geriatric Care Conference* is designed to update clinical knowledge and skills of those who care for older adults in a variety of settings, including the community, hospitals, long-term care, offices, and others. The themes to be addressed are prevention, management of behaviors, and maintaining independence. Innovations that can be used across the spectrum of care will be highlighted, such as use of ventricular access devices, keeping the elderly at home longer, and ways to address challenging behaviors.

The goals of the conference are to:

- Disseminate recommendations on preventive care for the elderly population.
- Address technical and social interventions for care of the elderly.
- Provide new therapeutic options with evidence-based interventions for professional healthcare providers who work with the elderly.

Featured faculty

Laura Gentry, MA, MDiv, Director of the Iowa School of Laughter Yoga, is passionate about laughter. During her college years, she was healed of an ulcer by laughing with friends. When she heard about the worldwide laughter movement, she knew it was something with which she had to get involved. Gentry studied with Sebastien Gendry at the American School of Laughter Yoga in California. Revved up with laughter, she returned to start Iowa's first laughter club in Lansing. The club was an immediate success and drew national media attention. This sparked her interest in becoming a Laughter Yoga teacher. As a certified Laughter Yoga teacher, Gentry founded Iowa's School of Laughter Yoga. She has been on a laughter speaking circuit, offering levity to a variety of conventions and events, and has written a number of articles and a chapter for an upcoming book on Laughter Yoga edited by Jeffrey Briar. Gentry has produced a Laughter Yoga film for children, a Laughter Yoga workout CD for commuters, and is working on an album of laughter songs. Laughter Yoga International has awarded Laura the title of "Laughter Ambassador" for her creative contributions to World Laughter.

Intended audience

This program is designed for healthcare professionals who care for geriatric patients in acute, long-term and home-care settings including registered nurses, licensed practical nurses, social workers, nursing home administrators, and nurse practitioners.

Date and location

This program will be held **Wednesday, March 25, 2009** at Mayo Civic Center, 30 Civic Center Drive Southeast, Rochester, Minnesota.

Out of respect for conference participants, children are restricted from the conference.

General Information

Poster session call for abstracts

You are invited to submit an abstract (300 word limit) for a poster on innovations and projects related to care of the elderly. **Completed abstracts must be submitted by Monday, February 3, 2009.**

Abstract submittals should include:

- Completed conference registration for each presenter
- Current curriculum vitae for each presenter
- Abstract (include author information exactly as it should appear in published materials)

The primary presenter is responsible for the abstract content. Submission signifies the intent of the submitter(s) to present the poster at the 26th Annual Minnesota Geriatric Care Conference in Rochester, Minnesota on March 25, 2009. Conference participants are expected to assume costs related to travel, accommodations, and registration.

To submit an abstract, visit www.mayoclinic.org/jobs-nursing-rst/abstracts.html. Attach the abstract and all authors' curriculum vitae. Completed abstracts must be submitted by Monday, February 3, 2009.

Notification of accepted abstract and commitment for presentation at the conference will be made by Tuesday, February 24, 2009. If selected, abstracts will be printed in the conference syllabus.

Continuing education credit

Mayo Continuing Nursing Education is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Participants can earn up to 6.5 accredited nursing contact hours for the conference.

The Minnesota Board of Examiners for Nursing Home Administrators has approved 6.5 hours of continuing education.

Mayo Clinic has been designated by the Minnesota Board of Social Work as an approved continuing education provider. This conference fulfills requirements for 6.5 continuing education hours.

Registration

The registration fee of \$120 includes a syllabus, lunch, and break refreshments. A student rate of \$65 is available. Please bring proof of current student status to the conference (for example, copy of student identification card). Pre-registration is required and preferred by **Tuesday, March 3, 2009**. Registrations received after March 3 will be accepted on a space-available basis. Refunds minus an administrative fee will be given upon notification of cancellation received prior to Tuesday, March 3, 2009. Mayo Continuing Nursing Education reserves the right to cancel this program.

Visit www.mayoclinic.org/jobs-nursing-rst/cne.html or call 1-800-545-0357 either to register or with questions about registration or the conference.

Program Schedule

Wednesday, March 25, 2009

- 7:00 a.m. Registration, Breakfast, and Exhibits
- 8:00 a.m. Welcome and Introduction
- 8:15 a.m. Hyperlipidemia in the Elderly: To Treat or Not To Treat
Darryl S. Chutka
- 8:45 a.m. Osteoporosis, Falls, and Cancer: Why You Need Your D
Laura A. Allen
- 9:15 a.m. Ventricular Assist Devices as Treatment for Heart Failure:
An Emerging Standard of Care
Margaret M. Redfield and Penny K. Kalpin
- 9:45 a.m. Break, Exhibits, and Posters
- 10:15 a.m. Psychiatric Interventions: Behavioral, Psychotropic
Medications, Therapies, and Resources To Reference
Jacqueline T. Dahl
- 11:00 a.m. Mandated Reporting Regarding Vulnerable Adults
Susan M. Sloan
- 11:45 a.m. Lunch, Exhibits, and Posters
- 12:30 p.m. Mayo Clinic Robert and Arlene Kogod Center on Aging:
Research in Aging and Initiatives to Preserve Independence
with Increasing Age
James L. Kirkland
- 1:15 p.m. Preventive Screening in Older Adults: Observations and
Evidence
Paul Y. Takahashi
- 1:45 p.m. Introduction to Energy Medicine as an Intervention Focus on
Pain, Anxiety, and Depression
Deborah Mangan-Danckwart
- 2:15 p.m. Break, Exhibits, and Posters
- 2:45 p.m. Fireside Chat: Stump the Experts
Darryl S. Chutka
- 3:30 p.m. Laughter: The Best Medicine
Laura Gentry
- 4:30 p.m. Evaluation and Summary

Conference planning task force

Laura A. Allen, MSN, RN, GNP-BC
Dorothy F. Bell, MS, RN-BC
Angela M. Bruzek, LSW, C-ASWCM
Darryl S. Chutka, MD
Megan E. Hylland, BS
Kristyn A. Maixner, BSN, RN

Laure A. Maki, MSN, RN, CNP
Susanna M. Marjanovich, RN, CNP
Etta M. Meinecke, BSN, RN
Beth Redalen, RN
Cara A. Wagner, BSN, RN

General Information

Lodging

Rooms have been reserved for conference participants and their guests at the Hilton Garden Inn (1-866-518-6000 or 507-285-1234) at a rate of \$99 per night and the Best Western Soldiers Field (877-887-7776 or 507-288-2677) at a rate of \$77 per night. The rates listed may be extended before and after the conference based on availability. To ensure accommodations, please make your reservation by **Tuesday, March 3, 2009**. Reservation requests received after this date will be accepted on a space available basis.

Visit www.visitrochestermn.com for additional accommodations.

Parking

Visit www.visitrochestermn.com for a map indicating the location of downtown parking facilities. The cost of parking is not included in the registration fee.

About the sponsor

Mayo Clinic is the first and largest integrated, not-for-profit group practice in the world. Doctors and nurses from every medical specialty work together to care for patients, joined by common systems and a philosophy of “the needs of the patient come first.”

Mayo is committed to advancing the knowledge and skills of healthcare professionals. Mayo Continuing Nursing Education conducts educational conferences that will advance nursing practice.

The Division of Preventive and Occupational Medicine at Mayo Clinic is dedicated to advancing geriatric care education.

For more information

Contact Mayo Continuing Nursing Education at 800-545-0357 or 507-266-1007, fax 507-266-6910, or e-mail cne@mayo.edu. **To register, visit our web site at www.mayoclinic.org/jobs-nursing-rst/cne.html** or call 800-545-0357.

Multiple brochures?

Mayo Continuing Nursing Education uses multiple mailing lists and cannot always eliminate duplications. Please post or share extra brochures with colleagues.

Faculty

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