



Nicotine Dependence Center

Residential Treatment Program

The program is eight days from Friday through Friday 10 hours per day. Services include medical assessment and daily medical follow-up, medication assessment and treatment, lab work, individual and group counseling, educational sessions to help with stress management, relapse prevention, wellness activities, tobacco related health education, and sessions to assist family members and other significant others in helping in the recovery process.

A pre-service deposit of \$5500 will be due the first day of the program. This is an estimate of the total cost of the program. Final charges may be more or less depending on individual circumstances. You will be expected to purchase medications needed for your treatment during the 8-day program. These can be brought with you or purchased locally. You can contact your medical insurance company to discuss reimbursement for these services and procedures.

Medicare does not provide coverage for this program.

Below is a list of services provided to patients in the Nicotine Dependence Center Residential Treatment Program. An internal medicine physician oversees the care of all patients in the program and each person is assigned an individual counselor who is certified as a tobacco treatment specialist.

Itemization and Description of Services/Charges

This list outlines the usual services and procedures provided during the program by physicians and allied health staff of the Mayo Clinic Nicotine Dependence Center.

CPT	QTY	Description
Services typically covered by insurance		
36415	2	Venipuncture Svc – Outpatient
83887	2	Nicotine & Metabolites, Serum
94010	1	Spirometry – Vital Capacity, MVV
94799	7	Carbon Monoxide Testing
99203	1	Detailed History and Physical Exam – Nicotine Dependence
99212	7	Brief History and Exam – Nicotine Dependence
Services typically not covered by insurance		
99407	5	Individual Counseling Provider is a master’s level tobacco treatment specialist. This is a one on one counseling session to address individual patient needs.
99412	3	Medical Lecture (MD) Provider is an internal medicine physician who specializes in tobacco dependence treatment. Topics include Neurobiology of Tobacco Dependence, Health Consequences of Tobacco Dependence, Secrets of Big Tobacco, and Environmental Tobacco.
S9453	25	Group Counseling and Educational Classes Topics include stress management, relapse prevention, wellness, chemical dependency, pulmonary health, cardiovascular health, and nutrition. Classes are provided by a certified tobacco treatment specialist, respiratory therapist, clinical nurse specialist, or dietitian.

Diagnosis code 305.1
Mayo Clinic tax ID 41-6011702

Note: To hold a program we must have a minimum of five confirmed participants. If we do not have five confirmed participants within two weeks prior to the start of the program we will cancel that program. You will be notified if cancellation occurs.

Physicians/Providers

The limited exam, medical lectures, and daily rounds will be facilitated by internal medicine providers specializing in tobacco dependence treatment. All providers are available to facilitate any of the groups mentioned, and the assignment of providers varies from week to week.

Jon O. Ebbert, M.D.

J. Taylor Hays, M.D.

Richard D. Hurt, M.D.

David D. McFadden, M.D.

Ann M. Thompson, N.P.

Tobacco Treatment Specialists/Wellness Coaches

Group counseling and most of the group educational classes are facilitated by master's level counselors who are certified as tobacco treatment specialists. Additional classes are also provided by a respiratory therapist, a wellness coach, a clinical nurse specialist who specializes in cardiac health, and a registered dietitian. Names and educational level of the counseling staff are as follows:

Michael V. Burke, Ed.D.

Barbara Dallavalle, M.A.

Patrick Draper, M.S.W.

Tom Gauvin, M.A.

Tim Milbrandt, M.S.

Jennifer S. B. Moran, M.A.