Florida Social Work Zoom/Teams and In Person Support Groups

ALS Support Group(Zoom)

3rd Monday of each month: 2:00 p.m. – 3:00 p.m. Preregistration required. Contact: Jennifer Reidell at 904-953-0332

AYA (Adolescents and Young Adults) Support Group (Zoom) ARE YOU 18-39 YEARS OLD? GOT CANCER? YOU'RE NOT ALONE! The first Thursday every month from \$:00, 10:00 p.m.

The first Thursday every month from 8:00 – 10:00 p.m. To register and get the Zoom invite, email Melody Griffith griffith.melody@mayo.edu

BMT (Bone Marrow Transplant) Support Group (Teams)

1st Wednesday of each month: 12:00 noon – 1:00 p.m. EST Contact: <u>demirbulakli.abbie@mayo.edu</u> You will receive an invite one week prior to the meeting.

Breast Cancer Support Group (Zoom)

3rd Thursday of each month: 2:00 p.m. – 3:00 p.m. Preregistration required – contact Atiya Day (904-953-6286). You will receive an invite one week prior to the meeting.

Caring for the Caregiver Support Group (Zoom)

Cancer and Transplant Caregiver Support Group Thursdays: 11:00 a.m. – 12 noon To receive the Zoom link to join the discussion, email <u>Preusler.eric@mayo.edu</u> or leave your email address at: 904-956-3085 *This group is for caregivers, so we respectfully ask that patients not attend

Compass Connect (Zoom)

Support group for patients with a primary brain tumor and their caregivers. 1st Tuesday of the month: 2:00 p.m. – 3:00 p.m. via Zoom. Preregistration required. Contact Kim Nelson at nelson.kimberly3@mayo.edu for information and to register.

Cystic Fibrosis Adult Patient Support Group (Zoom)

Third Tuesday of each month: 11:00 am. – 12 noon EST. and 6:00 p.m. – 7:00 p.m. EST Preregistration required. Contact: Carl (Bob) Goodholm through Mayo Portal. Zoom registration required prior to group meeting.

Family First (IN PERSON)

A program that uses creative expression and a guided curriculum to help patients with cancer, their partners or spouses, and their children. A complimentary, family-style dinner will be served at the beginning of each meeting The program meets in person, once a week for four weeks on Tuesdays from 5:30 pm – 7:00 pm at Mayo Clinic in the Mangurian Building. Three series, each four weeks long, are offered. Session I: March 22 – April 12 Session II: July 12 – August 2 Session III: October 25 – November 15 Registration is required. Contact Candace Porter, LCSW at 904-953-6831 for more details regarding registration.

GYN Support Group – Women of S-Teal Jax (Zoom)

For newly diagnosed, receiving treatment or in surveillance. This group provides education and support to patients diagnosed with NETs (Gynecological cancer). All patients and their caregivers are welcome to attend.

2nd Monday of each Month: 5:30 p.m. – 6:30 p.m.

The zoom link is posted on Mayo Connect prior to the meeting. <u>https://mchealth.zoom.us/meeting/register/tJUpcumqrjspG9fMELiP7SZzpF_vPDfkhNuz_</u>Open to the community, patients and caregivers welcome. Maximum of 50 participants. Early registration on Zoom is required and recommended. Contact number for Oncology Social Work: 904-953-6831

Heart/VAD Transplant Zoom Support Group (Zoom)

Tuesdays: 1:00 p.m. – 2:00 p.m. EST (US and Canada) Preregistration required. Contact: <u>kittinger.jennifer@mayo.edu</u> Zoom registration required prior to group meeting.

Kidney Education/ Support Group (Zoom)

4th Wednesday of each month: 2:00 p.m. – 3:00 p.m., EST
This group is for Kidney Transplant waitlisted and post-transplant patients.
Preregistration required. Invitation will be sent through Mayo Portal.
Zoom registration required prior to group meeting.
Contact Kidney Social Workers if any questions 904-956-3292.

Liver or Combined Liver/Kidney Transplant – Second Chance Group (Zoom)

The objective of this support group is to share information and provide support to pre and posttransplant liver and combined liver/ kidney transplant patients. Tuesdays: 11:00 a.m. – 12:00 noon, EST Preregistration required. Invitation will be sent through Mayo Portal. Zoom registration required prior to group meeting.

Lung Transplant Support Group (Zoom)

Weekly informative and supportive group for pre and post lung transplant patients and caregivers. Tuesdays: 1:00 pm. – 2:00 p.m. EST Preregistration required. Contact: Bea Flores through Mayo Portal.

Zoom registration required prior to group meeting.

Mayo Clinic Connect

Mayo Clinic Connect is an online community where you can share your experiences and find support from people like you. You can also read Mayo Clinic expert blogs and take part in educational events. Connect is managed by a team of community moderators, who keep the community safe and welcoming. They also support a volunteer group of patient mentors who share their stories, assist in connecting members and build community.

Discover your support network on Connect today.

Muscular Dystrophy Support Group (Zoom)

Meets the 1st Monday of each month from 2:00 p.m. – 3:00 p.m. Preregistration required. Contact: Karen Hart or Jennifer Reidell at 904-953-0332

Neuroendocrine Tumor Support Group – NE FL Neuroendocrine Cancer Zebras (Zoom)

1st Thursday of each month: 5:30 p.m. – 7:00 p.m. EST
The zoom link is posted on Mayo Connect prior to the meeting.
<u>https://mchealth.zoom.us/meeting/register/vpUqdeGvrzksvBPx9kW8518Rtp8_vzMoEg</u>
Open to the community; patients and caregivers welcome.
Maximum of 50 participants. Early registration on Zoom is required and recommended.
Contact number for Oncology Social Work: 904-953-6831

Outpatient Dialysis Support Group (Zoom)

Meets the last Thursday of each month from 5:00 p.m. to 6:00 p.m. Provides support for those patients in the Mayo Clinic Outpatient Dialysis Center Contact dialysis social worker to participate: <u>graham.jennifer@mayo.edu</u>

Young Adult Transplant/VAD Support Group - Ages 18-33 only (Zoom)

Meets monthly, first Tuesday of each month, 5:30 p.m.- 6:30 p.m. EST Preregistration required. Invitation will be sent through the patient portal. Zoom registration required prior to group meeting. Contact Tracie Bodford at <u>bodford.tracy@mayo.edu</u> for more information.