



# Stroke can happen to anyone.



## Are you at risk?

Learn more from Mayo Clinic at a **free health fair.**

**Saturday, May 16**  
**The Avenues Mall, Center Court**  
**10 a.m. – 2 p.m.**

- **Ask a Doc sessions**
- **Free risk assessments**  
(blood pressure, cholesterol, blood glucose, BMI)
- **Research study information**

### Do you know the signs?

#### Symptoms of stroke include:

- Trouble with walking, dizziness, loss of balance.
- Trouble with speaking and understanding.
- Paralysis or numbness of the face, arm or leg.
- Trouble seeing in one or both eyes.
- Headache. A sudden, severe, “worst of my life.”

**If you or a loved one has any of these symptoms, call 9-1-1 to get immediate medical assistance.**

