

# **Practical Spirometry Refresher**

October 7, 2016
Jacksonville, Florida



This is a NIOSH-approved course

### 2016 Practical SpirometryRefresher

#### October 7, 2016

Registration deadline: September 7, 2016 Course location: Mayo Clinic Jacksonville

Kinne Auditorium/Cannaday Building

4500 San Pablo Road Jacksonville, Florida 32224

#### **Course Overview and Objectives**

This refresher course is approved by the National Institute for Occupational Safety and Health (NIOSH) and ensures that persons performing spirometry testing learn the current spirometry standards and guidelines published by the American Thoracic Society/European Respiratory Society.

By the end of this course, participants should be able to:

- Explain spirometry instrument requirements
- Perform calibration check procedures
- Demonstrate proper spirometry testing technique for persons of various ages and state of health
- Demonstrate how to use flow-volume and volume-time tracings to recognize errors in testing and to explain the corrective action
- Explain the criteria for determining acceptability of maneuvers and test repeatability
- Explain the interpretative strategy for common disease patterns from the numeric results and spirogram tracings

#### Disclaimer

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

#### **Intended Audience**

This refresher course is designed for health professionals involved in performing spirometry tests in both industrial and clinical settings. Individuals must have completed either the NIOSH-approved Initial class or a NIOSH-approved Spirometry Refresher Course within the last 5 years to qualify for this class. A copy of the certificate must accompany the registration form to verify eligibility.

#### Credit

This continuing nursing education activity was approved for 7.5 contact hours through the American Association of Occupational Health Nurses, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

New in 2013: This program has also been approved for 7.5 contact hours Continuing Respiratory Care Education (CRCE) credit by the American Association for Respiratory Care.

Other health care professionals will be provided a certificate of attendance for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

**Program Change:** Effective January 1, 2009, NIOSH changed the time limits on all certificates to 5 years from the course date. Previously awarded certificates are no longer valid indefinitely. Individuals who choose to have a valid NIOSH certificate must either take a NIOSH-approved Spirometry Refresher Course before the certificate is invalidated or retake the initial 2 day course.

#### **Course Directors**

#### Paul D. Scanlon, MD

Medical Director, Pulmonary Function Laboratories Professor of Medicine Mayo Clinic, Rochester, Minnesota

#### Carl Mottram, RRT, RPFT

Director, Pulmonary Function Laboratories Associate Professor of Medicine Mayo Clinic, Rochester, Minnesota

#### Course Coordinator & Instructor Tera Hagen, CPFT

Quality Assurance Technologist Mayo Clinic, Rochester, Minnesota

#### **Course Faculty**

The instructors are certified pulmonary function technologists, respiratory therapists, and physicians, each with more than 20 years of experience in pulmonary function testing at Mayo Clinic. Their extensive experience allows them to recognize the "body language" of suboptimal spirometry maneuvers and the resulting patterns on spirometry graphs. They emphasize demonstration of the correct maneuver and vigorous coaching throughout the course.



#### A Note from NIOSH

The Cotton Dust Standard (29 CFR 1910.43) promulgated by Occupational Safety and Health Administration (OSHA) in 1978 and amended December 13, 1985, states:

"Persons other than licensed physicians, who administer the pulmonary function testing required by this section shall have completed a NIOSH-approved training course in spirometry."

When NIOSH approves a course, it is attesting that the course meets the minimum OSHA/NIOSH criteria for teaching individuals to perform spirometry in the Cotton Dust Industry. This does not mean that the individual taking the course is certified as a pulmonary function technician by NIOSH. Students have merely completed a NIOSH-approved course.

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#### Registration

Mayo employees)

**REGISTRATION FORM:** 

For additional details on this course, contact Teresa Krukow at 800-533-1653 or 507-284-8403. The registration fee for this course includes tuition, course manual, calculator, ruler, exam, certificate, continental breakfast and lunch

Please indicate below which course manual you prefer.

October 7. Jacksonville, Florida (Registration deadline is September 7, 2016)

#### Class size is limited, early registration is encouraged.

Please complete the registration form below and fax, **along** with a copy of your certificate from the previous initial or refresher NIOSH-approved course you attended, to:

Teresa Krukow Mayo Clinic 200 First Street SW – Gonda 18 East Rochester, MN 55905 Fax 507-266-2474

**NOTE:** Students should not make non-refundable flight reservations until after the course deadline <u>and</u> an email confirmation letter is received.

#### Cancellation

Your registration fee, less a \$75 administrative fee, will be refunded when written notification is received by our office on or before September 7, 2016.

#### Accommodations

Visit <u>www.mayoclinic.org/becomingpat-jax/lodging.html</u> for a list of hotels in the Jacksonville area.

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Formal Name (as you want it to appear on your class certificate)						Title (LPN, RN, PA, PhD, MD or other)			
						Phone (including area code)			
Company/Institution									
						Fax (including area code)			
Address						E-mail (reg	uirod)		
						E-mail (req	juirea)		
City		State	Zip	Code	How do you want your first nametag?		and last name to appear on your		
Years of experience in spirometry:  Indicate spirometer mode you are currently using:				and name		Do you have any special needs? If so, please explain:			
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Registration fee is \$350 with USB Flash Drive	-	eck-payable to		Credit C	Card No				` ,
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Binder	☐ American Express**			City, State, Zip code					
If paying by check, please fax form <u>and</u> mail check along with registration form	☐ Mayo Clinic employee			Compar	ny number	PAU			
(\$75 or \$100 account transfer for									

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October 7, 2016 Jacksonville, Florida

Presented by
Division of Pulmonary and Critical Care
Mayo Clinic, Rochester, Minnesota

